

Seabreeze High School Cheerleading 2011-2012 Rules and Guidelines

Teamwork

1. Because you are now a part of a team, please attend and participate in all fundraisers, practices, cheer events and games. Show up on time to practice, appropriately dressed and motivated. Show up a half an hour before each game in a clean, repaired uniform and be ready to cheer. You must attend school the day of a game, practice or pep rally, unless you have been at a school-related event or can show proof that the absence is excused (Dr.'s appointment, etc.)

Responsibility

1. Notify your coaches personally, if you are going to be late or absent to anything! Do not send a friend to the coach – talking to your coach is your responsibility. Anyone who is late will receive a consequence at the discretion of the coach.
2. Jewelry is dangerous during cheerleading so please take it ALL off. No jewelry of any kind will be worn during any cheer event- no exceptions.
3. Transportation to home games and football games at DBMS are the responsibility of the individual cheerleader – talk to each other and arrange your transportation prior to the event. If you are having trouble with arranging transportation, please inform your coach as soon as possible. Transportation to Mainland, Spruce Creek and Atlantic are also the responsibility of the individual cheerleader. The coach will coordinate arrangements to transport cheerleaders to away games, utilizing VIPS certified drivers or bus. If a cheerleader plans to leave the game with someone other than the driver they rode with, each cheerleader must have parental permission and sign out with a coach before they leave the activity.
4. Cheerleading parent fees of approximately \$300 for the 2011-12 cheer season are due at the first parent meeting. These fees cover the items the girls will be keeping. (They are approximate because some cheerleaders may already have some of the required uniform) The cheerleaders will be required to raise approximately \$600 more during the summer and season. (This number will change if we go to an overnight cheer camp!)
5. Each cheerleader must maintain the required GPA per FHSAA. Seabreeze administration will follow FHSAA guidelines and act accordingly. If on grade probation cheerleaders will not be able to participate until grades are brought up to acceptable standards.

Respect

1. Cheerleaders should be picked up promptly after an event, as coaches must wait until the last squad member leaves.
2. No cellular devices **on** at games or practice. See the “cell phone policy”
3. All cheerleaders are to conduct themselves in a manner which represents the high ideals at Seabreeze High School. Cheerleaders are held to higher standards than the rest of the student body. Please act accordingly.
4. A cheerleader will display good sportsmanship and show respect for all coaches, players, officials, faculty, administration and other squad members. Bullying (whether covertly or overtly) among squad members in or out of school will not be tolerated. [This includes but is not limited to posting negative comments on the internet].

Integrity

1. Drugs, alcohol, tobacco products and promiscuous behavior do not represent the school or cheerleading well. Be respectful of your bodies and others.
2. If it is discovered by any school employee (i.e. coach, administrator, teacher, staff member, etc...) that a cheerleader is under the influence of drugs or alcohol at any time, in or out of uniform, even if school is not in session, that cheerleader will be immediately dismissed from the squad.
3. Cheerleaders will not post pictures in uniform on the internet for any reason. Teens who identify themselves by affiliation to Seabreeze put themselves and other squad members in danger.
4. Please notify a coach immediately if you receive a referral.

Relationships

1. We are now one Cheerleading TEAM. Each coach will work with each squad and each squad will mentor the other squads. Everyone has different strengths and weaknesses. We will attempt to use the strengths and improve the weaknesses.

Parents will be notified of above behavior, academic and discipline problems when they occur. Please indicate the best way to communicate below.

Signed
Cheerleader _____

Signed
Parent _____

Preferred form of contact:
Cell phone or email or home phone _____